

Session One:




*Warming Up
to
Cold Words*

1

High-Five Word Search

- Smile
- Hug
- Compliment
- Scripture
- Prayer
- Affirmation
- Praise
- Letter

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***A mentor is a friend, farther along
in life, who
Serves,
Encourages,
Teaches,
Counsels,
Guides
a younger woman in her walk
with God.***

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Autobiography in Five Short Sentences

1. I talk with my mentor friend about the street I plan to walk down.
2. She's been down the street before.
3. "It has a deep hole in the sidewalk," she says.
4. She suggests a better way.
5. We meet at the corner; she takes my arm and walks me down another street.

Epilogue

The time I used to spend digging out of holes I am now spending on more important things in life: I've taken up parasailing, crocheting, and I never have a headache at bedtime. (Boy, is my husband happy.)


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“Merea”
(Mah-RAY-ah)

The younger friend
who is mentored

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Generations

1900	1939-1945	1946-1964	1965-1980	2004
Builder		Boomer		Millennium
	Silent		Buster	

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Characteristics of a Mentoring Relationship

- One-to-One
- Covenant Friendship
- Helping Relationship
- Growing Intimacy

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The Intimacy Ladder

Which rung best describes your level of personal openness in your most intimate relationship?

Hopes, Dreams, Fears, & Failures
Feelings
Ideas and Opinions
Facts



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Scriptural Mandate for Mentoring

Titus 2:3-5

Matthew 28:19-20

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**Edna
Ellison**



**Tricia
Scribner**

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Reasons We Don't Mentor

- **Fear**
- **Too busy**
- **Too hard**
- **Don't know how**
- **Someone else's turn to work**

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Qualifications for Mentoring

- **I have committed my life to Jesus Christ.**
- **I love the Savior and seek to obey Him.**
- **Christ has walked me through difficulties.**
- **At times I've hurt, failed, fallen, floundered.**
- **I have endured disappointment.**
- **I feel compassion for the plight of another.**
- **I am growing in understanding God's trustworthiness.**
- **I sense God wants me to invest my life in another.**

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Mentoring Roles

- **Servant** *Major Domo*
- **Encourager** *Star Agent*
- **Teacher** *Harvey Penick*
- **Counselor** *Reverend Mother*
- **Guide** *Dog and Flea*

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**Edna
Ellison**



**Tricia
Scribner**

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Session Two:



*Seeking Wisdom
from a
Farther-Along
Friend*

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Which Mentor Roles Do You Most Value?

***Write your score for each item, then add across:**

Servant (Major Domo) # 6. ____, 7. ____, 15. ____ = ____

Encourager (Star Agent) #1. ____, 4. ____, 13. ____ = ____

Teacher (Harvey Penick) #2. ____, 9. ____, 12. ____ = ____

Counselor (Rev Mother) #3. ____, 10. ____, 14. ____ = ____


Guide (Dog and Flea) #5. ____, 8. ____, 11. ____ = ____

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Philippians 2:13
 1) *I ask God to*
work in me.

Heart's Desire

6) _____



God's
Response
to My
Open Heart

Selfish to Holy

2) _____

Obey

5) _____

Willing

3) _____

Able to Obey

4) _____

Psalm 37:4

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Identify Your Needs

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Leaning to Learning: Steps to Maturity

The Healing: 4. **LEARNS** to walk in truth

The Open Door: **LOOSENS** heart's door to the Spirit

The Mirror: 2. **LOOKS** at self honestly, without shame

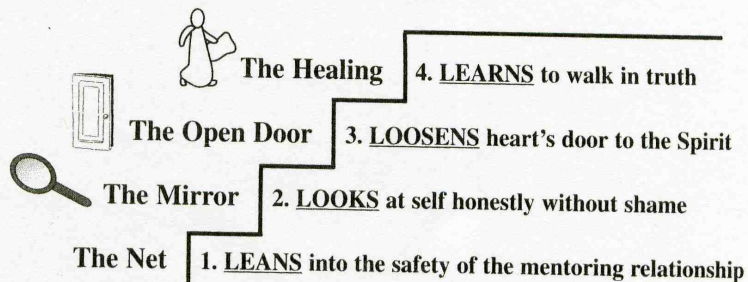
The Net: 1. **LEANS** into the safety of the mentoring relationship

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How a Merea Matures

A mentor supports your spiritual and emotional growth process through several progressive steps. Look at the picture below. Read steps one through four, starting on the bottom step.

Leaning to Learning: Steps toward Maturity



Seeking Wisdom(p34)©2001

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Where Not to Look

- **Your Mom**
- **Your Husband**
- **Your Role Model**
- **Your Coach**
- **Your Peer**
- **Your Pedestal Woman**

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Mentorable Qualities

- **Eagerness to Learn**
- **Gentleness**
- **Perseverance**
- **Respect**
- **Humility**
- **Authenticity**

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Expectations

- * Be available.
- * Know the answers.
- * Always affirm me.
- * Take my side.
- * Never get angry.
- * Confront me with my errors.
- * Keep my information private.

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How to Approach

- Formal: Mentoring Ministry
- Informal: On Your Own

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Session Three:



Making the Mentoring Relationship Work

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What's in it for Me?

Evaluate Your Motives:

- Am I Performing?
- Am I Self-Absorbed?
- Am I "Out to Lunch"?
- Am I Angry or Defensive?
- Do I need to Be Needed?
- Can I Keep a Confidence?

**** *Are You Ready to Mentor?***

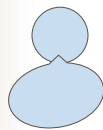
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Understanding My Gifts

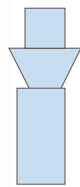
- Natural
- Learned
- Spiritual

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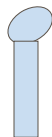
Morphology



Endomorphs



Mesomorphs



Ectomorphs

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Get Real!

- **Take Off the Mask.**
- **What about Failure?**

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Keep Your Well Full
John 4

Phrear (FRESH-ar)

Pege (pay-GAY)


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The First Meeting

- Influencing Factors
- Who Leads
- Covenants
- Defining Purpose:
 - S-Subjective
 - O-Objective
 - A-Assessment
 - P-Plan
 - E-Evaluation

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Ground Rules

- *Boundaries*
 - *Privacy*
 - *Accountability*
 - *Speaking the Truth in Love*
- 

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The Law of Diminishing Expertise

**As the mentor decreases,
the mentee increases.**

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Blessing Your Mentor

- Laying Down the Yard Stick
- Giving the Gifts of Youth
- Joining in Ministry
- Communicating with Your Heart

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Session Four:



Launching a Merea Movement in Your Church

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Getting off to a Good Start

- Pray.
- Be flexible
- Think Big.
- Think Small.
- Start with You
and Two More.
- Don't Assume There
Are Only Two Options.
- Small Groups
- Two by Two
- Large Events
- 1 Mentor - 3 Mereas
- 1-Year Bible Studies
- 6-Week Studies
- Fellowship
- Spiritual Component

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Things Mentors Can Do in Mentoring Ministry

- Help with Records
- Implement Big Events
- Do Transportation
- Serve Refreshments
- Provide Bibles
- Set Up/Clean Up
- Take Pictures (album)
- Show Mercy
- Organize Awards
- Send Notes, “Thanks”
- Funnel to Choir, Newsletter Staff, etc.
- Hug, Smile, etc.
- Call, Email
- Identify Gifts
- Share Scripture

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“Can Do” list, continued

- Lead Bible Studies
- Host Cooking Lessons
- Show Interior Design
- Teach Art, Music, etc.
- Offer Sports Camps
- Work in Church Gym
- Train Other Ages
- Share Computer Info
- Listen
- Notice Sadness
- Be a “Hurt Magnet”
- Open Your Intuition
- Train for Counseling
- Give Wise Advice
- Point to Scripture
- Refer to the Pro’s

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“Can Do” list, continued

- Show Up Periodically
- Warn Against Sin
- Nudge on a Good Path
- Protect from Wrong
- Take Her with You
- Model Godliness
- Set Boundaries
- Be Accountable
- Go Shopping
- Work: Church Kitchen
- Enjoy Mom’s Timeout
- Combine Meals
- Do Radical Missions
- Parachute
- Enjoy Retreats/Trips
- Talk, Talk, Talk

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When Volunteers Are Ready

Advocacy
Leadership

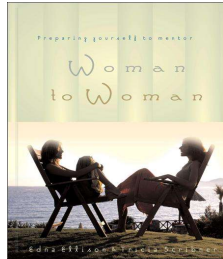
Long-term support
Mentoring

Prayer

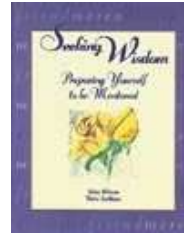
Food

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Tools to Help You



***Woman to Woman:
Preparing Yourself
to Mentor***



***Seeking Wisdom:
Preparing Yourself
to be Mentored***